



**Personal Message to Candidates from David Schulman, M.S., LMHC:**

If the **Behavior ReDesign and Relationship Fitness™** program is being offered to you, it signals two things. First, your leadership perceives that significant adjustment in the way you relate with others is needed. Second, they value you highly and choose to invest in your development towards that end.

I'm aware that, upon approach, this opportunity can feel more like something ominous than something good. *Don't let your fear scare you*, to coin a phrase.

Working on your inner processes and approach to relating will ultimately *raise* your standing in your organization. It will *increase* your influence and competitive edge, not the opposite. Moreover, it is an opportunity to *feel better* as you go about your business more effectively. There is no downside in agreeing to try.

Alternatively, however, your organization will likely be considering this question, and I'd ask that you do, too: *if you're unwilling to explore growth, what's next for you?*

Be willing to investigate your inner landscape in order to reveal what stands in the way of you becoming easier to work with, more effective, and ultimately, more powerful at what you do. Be willing to consider candid feedback from colleagues and experiment with refreshed ways of operating.

You don't have to "give yourself up" or "sell out" in order to make changes in the way you operate. With your committed participation, this program can leave you working and relating better, feeling better, and seeing results that were previously inaccessible to you.

With your expanding awareness and self-management capabilities come the possibilities of reinventing damaged relationships and, as needed, rebuilding your personal brand and reputation.

As a bonus, your hard work in the **Behavior ReDesign and Relationship Fitness™** program will touch all areas of your life, not just your work life. It is a life-changing opportunity.

As a next step to exploring this program, please visit [www.dbsYOUandCO.com](http://www.dbsYOUandCO.com) and see the **Behavior ReDesign and Relationship Fitness™** program information under the **Programs** menu.

Thank you.

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